

**LESSONS IN MANHOOD 1: SPIRITUAL RUGGEDNESS**

Job 1:1, Ephesians 4:14-15, Hebrews 6:1-2, Luke 2:52, Isaiah 55:8-9



Use one of these to get the group talking about today’s topic:

• What is something rugged or tough that you have done in your life? Why did you do it?

* Have you ever had to live in harsh circumstances, maybe early on in your adult life, or in the military? What was it like?
* In what areas in our culture do you believe men are being most tested today? What can men do to develop “ruggedness” to withstand life’s tests?



Go in-depth with these questions. Based on your available time, choose 3-4 that you believe are most thought-provoking:

• Read Job 1:1. What do you we learn about Job in this verse? What is important to know about Job’s spiritual reputation?

* Read Ephesians 4:14-15. How are we to mature spiritually as men? What will that look like to others?
* Read Hebrews 6:1-2. What do these verses teach us about maturing in manhood?
* Read Luke 2:52. How did Jesus mature as a man while on earth? Is this something we can emulate?
* What does it mean today to be “spiritually rugged?” What in our spiritual character can help us live uprightly and withstand spiritual testing?
* Read Isaiah 55:8-9. What do these verses indicate about God’s level of control? What do these verses indicate about trusting God?



• How might you increase your “spiritual ruggedness” this week to trust God more and endure whatever circumstances may be present in your life?

• In what areas of life could you begin trusting God more?

• Do you believe you are operating from a point of spiritual maturity in your life? If not, where could you begin working to increase your spiritual maturity this week?