

**LESSONS IN MANHOOD: SHOW YOURSELF A MAN / KILL A BEAR**

1 Kings 2:2-5, 1 Samuel 17:33-37, 1 Timothy 6:12

This discussion is based on the leadership study “Lessons in Manhood”, available at https://leadmin.org/manhood.



Use one of these to get the group talking about today’s topic:

• What is an instruction or a principle you want to pass down to your children?

* What is a challenge you have faced at some point in your life that has helped make you the person you are today?
* What does a courageous person look like? Can you give an example?



Go in-depth with these questions. Based on your available time, choose 3-4 that you believe are most thought-provoking:

• Read 1 Kings 2:2-3. How does the Bible say a man should act?

* What does the Bible mean when it tells men to “be strong”?
* How should a biblical man act that is different than what we might be taught today in our culture?
* Read 1 Samuel 17:33-37. Why does David have confidence he can kill Goliath?
* How do challenges in life prepare us for what may lay ahead for us?
* How does David “show himself a man” in his confrontation with Goliath?
* David wants his son Solomon to possess the same confidence he has; how does this affect your perception of his instructions in 1 Kings 2:2-5?
* Should we regularly do things that challenge us? Why or why not?
* Read 1 Timothy 6:12. Why is faith called a “good fight”?



• Do you consider yourself a spiritually strong man? What might you do this week to strengthen your spiritual faith and resolve?

* Are you facing a challenge in work or life this week? How might your faith in God impact your response to the challenge?
* Do you regularly challenge yourself with something that is difficult for you? If not, what could you do this week that would grow you personally and spiritually as you press through a challenge?